



206628C Battered Cauliflower Florets (Golden Crumb



Pack Size: 6 X 1KG

Details: Cauliflower florets in a salt and white pepper tempura batter coating.

Allergen Information

Contains:

Cereal, Gluten

Free from:

Celery, Crustaceans, Eggs, Fish, Lupin, Milk, Molluscs, Nuts, Peanuts, Sesame, Sulphur Dioxide

May contain:

Mustard, Soya

Suitable for:

Vegetarians, Vegan

Handling Information

Directions For Use:

For the Best Results: Cook From Frozen

Oven From Frozen: Pre-heat oven Fan 180°C/Non-Fan 200°C/Gas 6. Remove from all packaging. Place on a baking tray near the middle of the oven for 15 - 19 minutes. Turn halfway through cooking time.

Storage Instructions:

STORAGE TEMPERATURE: -18°C

Product Ingredients

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Cauliflower (40%), Water, Wheat Flour (**WHEAT** Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Vegetable Oils (Rapeseed, Sunflower, in Varying Proportions), **WHEAT** Flour, Salt, Rice Flour, **WHEAT** Starch, Ground White Pepper, Potato Starch, Tapioca Starch, Sugar, Yeast Extract, Raising Agents: Diphosphates,

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

152 kcal / 638 kJ

Fat:

5.3 g

of which saturates:

0.5 g

Carbohydrates:

23.4 g

of which sugars:

2 g

Fibre:

1.8 g

Protein:

4.2 g

Salt:

1 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.