

## 206646C Cherries (Greens)



**Pack Size:** 5 X 1KG

**Details:** Cherries work well in tagines or salads as well as with grains or pulses. They are also suitable for cakes, sweets or bread.

### Allergen Information

**Free from:**

Cereal, Celery, Soya, Crustaceans, Eggs, Fish, Gluten, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide

**Suitable for:**

Coeliacs, Vegetarians, Vegan

### Handling Information

**Directions For Use:**

Place the desired amount of fruit in a bowl and leave to thaw in the refrigerator until defrosted. Once defrosted, keep refrigerated and use within 24 hours.

**Storage Instructions:**

Never refreeze thawed products.

Freezer: -6°C: 2 days

-12°C: 1 month

-18°C: see expiry date

### Product Ingredients

**Product Ingredients:**

Sour cherries (100%)

### Nutritional Information

**Typical Values per 100g/ml:**

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

**Energy:**

55 kcal / 233 kJ

**Fat:**

0 g

**of which saturates:**

0 g

**Carbohydrates:**

13 g

**of which sugars:**

13 g

**Fibre:**

1.5 g

**Protein:**

0 g

**Salt:**

0 g

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

