



206683C Quorn Vegan Fillets



Pack Size: 5 X 2KG

Details: Looks like chicken, cooks like chicken, tastes like chicken but it's not chicken, it's 100% meatless ChiQin. Try some mouthwatering recipes with this meatless fillet to create some delicious dishes. Fillet weight 69g each.

Allergen Information

Contains:

Cereal, Gluten

Free from:

Celery, Crustaceans, Eggs, Fish, Peanuts, Lupin, Milk, Molluscs, Mustard, Nuts, Sesame, Sulphur Dioxide, Soya

Suitable for:

Halal, Vegetarians, Vegan

Handling Information

Directions For Use:

OVEN - 15 MIN

Preheat oven to 200°C, Fan 180°C/Gas 6. Brush with a little oil. Place on a baking tray. Cook on middle shelf.

HOB - 12 MIN

Storage Instructions:

Keep frozen.

Store at -18°C or below until best before date shown.

Do not refreeze once defrosted.

Product Ingredients

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Mycoprotein (86%), Natural Flavouring, Pea Fibre, Potato Protein, Pea Protein, **WHEAT** Gluten, Stabiliser: Carrageenan.

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

98 kcal / 413 kJ

Fat:

1.2 g

of which saturates:

0.4 g

Carbohydrates:

4.9 g

of which sugars:

0 g

Fibre:

6.3 g

Protein:

14 g

Salt:

1 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.