



## 206705C Really Crunchy Fries 6x6mm (Lamb Weston)



**Pack Size:** 4 X 2.5KG

**Details:** Distinctive contrast between sensational crunchy exterior and soft, fluffy baked potato texture inside. Skin-off fries in a 6x6mm cut size. These fries are suitable for both vegan and gluten free diets.

### Allergen Information

**Free from:**

Cereal, Celery, Soya, Crustaceans, Eggs, Fish, Nuts, Lupin, Milk, Molluscs, Mustard, Peanuts, Sesame, Sulphur Dioxide

**Suitable for:**

Halal, Coeliacs, Vegetarians, Vegan

### Handling Information

**Directions For Use:**

Fryer: Fry at 175°C for 2:45 minutes. Fry or bake product until crispy. Shake the fry-basket above oil-level after 30 seconds.

Oven: Cook for 10-12 minutes at 200°C. Turn product halfway cooking time. Cook from frozen. Do not overcook.

**Storage Instructions:**

\*\*\*/\* -18°C : 18 months Do not re-freeze after defrosting.

### Product Ingredients

**Product Ingredients:**

Potatoes (84%), Coating (9%) [Modified Potato Starch, Rice Flour, Potato Starch, Pea protein, Salt, Raising agents (E450i, E500ii), Thickeners (E401, E415), Dextrose, Spice extract], Vegetable oils (Rapeseed, Sunflower, in varying proportions).

### Nutritional Information

**Typical Values per 100g/ml:**

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

**Energy:**

196 kcal / 820 kJ

**Fat:**

7.5 g

**of which saturates:**

1.7 g

**Carbohydrates:**

28 g

**of which sugars:**

0.2 g

**Fibre:**

3.1 g

**Protein:**

3.2 g

**Salt:**

0.45 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging

or speak with our QA Department.