

206709C Panko Breaded Chicken Fillet (Carisma)

Pack Size: 5 X 2.16KG

Details: Fully cooked chicken breast fillets in a crunchy golden panko breadcrumb. The perfect product for using in a Katsu curry. Each fillet is approx 95g-105g each.

Allergen Information

Contains: Cereal, Gluten

Free from:

Celery, Crustaceans, Eggs, Fish, Mustard, Lupin, Milk, Molluscs, Nuts, Peanuts, Sesame, Sulphur Dioxide, Soya

Suitable for: Halal

Handling Information

Directions For Use: From frozen: Oven heat: Place product on a baking tray in a pre-heated oven at 200°C / gas mark 6 for approximately 22- 24 minutes. Turn halfway through cooking. Deep fry: fry in hot oil at 180°C for approximately 4-5 minutes. Drain well before

Storage Instructions: Frozen: Keep at -18°C

Product Ingredients

Product Ingredients: Chicken Breast (58%), WHEAT Flour, Water, Palm Oil, Salt, WHEAT Gluten, Cornflour, Modified Corn Starch, Yeast, Dextrose, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate, Monocalcium Phosphate), Thickener (Guar Gum), White Pepper, Onion Powder, Garlic Powder

Nutritional Information Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy: 215 kcal / 899 kJ

Fat: 10.1 g

of which saturates: 4.6 g

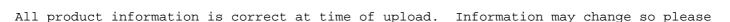
Carbohydrates: 14.1 g

of which sugars: 0.3 g

Fibre: 0.9 g

Protein: 16.4 g

Salt: 0.57 g



check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.