



206709S Panko Breaded Chicken Fillet (Carisma)



Pack Size: 2.16KG BAG

Details: Fully cooked chicken breast fillets in a crunchy golden panko breadcrumb. The perfect product for using in a Katsu curry.
Each fillet is approx 95g-105g each.

Allergen Information

Contains:

Cereal, Gluten

Free from:

Celery, Crustaceans, Eggs, Fish, Mustard, Lupin, Milk, Molluscs, Nuts, Peanuts, Sesame, Sulphur Dioxide, Soya

Suitable for:

Halal

Handling Information

Directions For Use:

From frozen:

Oven heat: Place product on a baking tray in a pre-heated oven at 200°C / gas mark 6 for approximately 22- 24 minutes. Turn halfway through cooking.

Deep fry: fry in hot oil at 180°C for approximately 4-5 minutes. Drain well before

Storage Instructions:

Frozen: Keep at -18°C

Product Ingredients

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Chicken Breast (58%), **WHEAT** Flour, Water, Palm Oil, Salt, **WHEAT** Gluten, Cornflour, Modified Corn Starch, Yeast, Dextrose, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate, Monocalcium Phosphate), Thickener (Guar Gum), White Pepper, Onion Powder, Garlic Powder

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

215 kcal / 899 kJ

Fat:

10.1 g

of which saturates:

4.6 g

Carbohydrates:

14.1 g

of which sugars:

0.3 g

Fibre:

0.9 g

Protein:

16.4 g

Salt:

0.57 g



check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.