



206710S Breaded Garlic & Herb King Prawns (Whitby)



Pack Size: 450G BAG

Details: Oozing with flavour, plump and juicy king prawns, marinated in garlic and herbs and then coated in a crispy garlic and herb crumb, creating a market leading depth of flavour!
Perfect paired with a creamy dip or crunchy salad, as a light bite or part of a sharing board, or even on a buffet.
Deep fry from frozen in as little as 5 minutes.

Allergen Information

Contains:

Cereal, Crustaceans, Gluten

Free from:

Celery, Eggs, Peanuts, Lupin, Milk, Mustard, Nuts, Sesame, Sulphur Dioxide, Soya

May contain:

Molluscs, Fish

Handling Information

Directions For Use:

Deep Fry 4 mins: Remove all packaging and place the coated prawns into hot oil (180°C). Cook from frozen for 4 minutes until crisp and golden. Drain on kitchen paper before serving. Scoff before someone else does.

Storage Instructions:

Keep in the freezer and polish off by the best before date, please don't refreeze.

Product Ingredients

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King Prawn (**CRUSTACEAN**) (37%), wheat flour [**WHEAT** flour, calcium carbonate, iron, niacin, thiamin], water, maltodextrin, sugar, garlic powder, tapioca starch, parsley, dextrose, salt, yeast, yeast extract, flavouring, olive oil, chives, rapeseed oil, black pepper, white pepper, colour (E100), garlic extract.

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

128 kcal / 542 kJ

Fat:

1 g

of which saturates:

0.6 g

Carbohydrates:

20.3 g

of which sugars:

3.1 g

Fibre:

2.1 g

Protein:

9.2 g

Salt:

1.21 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.