



206740C Tomato & Basil Quiche (Chefs Selections)



Pack Size: 1 X 12PP

Details: A frozen, fully baked tomato and basil quiche made with a mixture of egg, tomato, basil and cheese baked in a shortcrust pastry case.

Allergen Information

Contains:

Cereal, Eggs, Milk, Gluten

Free from:

Sesame, Crustaceans, Fish, Lupin, Molluscs, Sulphur Dioxide, Nuts, Peanuts

May contain:

Celery, Mustard, Soya

Suitable for:

Vegetarians

Handling Information

Directions For Use:

Reheating Directions: From Frozen Place products in pre heated oven on baking tray and Bake for approx 35-40mins at 185°C.

Storage Instructions:

Store at -18°C

Product Ingredients

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MILK, Wheat Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Pasteurised Whole **EGG**, Diced Tomato (10%), Palm Oil, Water, Cheddar Cheese (4%) (Cheddar Cheese (**MILK**), Anti-Caking Agent (Potato Starch)), Modified Maize Starch, Rapeseed Oil, Onions, Salt, Stabilisers (Carboxy Methyl

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

218 kcal / 911 kJ

Fat:

12.3 g

of which saturates:

5.6 g

Carbohydrates:

19.5 g

of which sugars:

3.2 g

Fibre:

1.3 g

Protein:

6.7 g

Salt:

0.7 g



check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.