



## 206747C Lamb Shank in Rosemary & Red Wine (Foodfel



Pack Size: 7 X 475G

**Details:** Slow cooked lamb shanks in a delicious rosemary and red wine sauce.

### Allergen Information

**Contains:**

Cereal, Gluten

**Free from:**

Celery, Crustaceans, Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide, Soya

### Handling Information

**Directions For Use:**

Microwave (State Wattage): 750 watts " 9 mins 45 secs

850 watts " 9 minutes

1000 watts " 7 min 30 seconds

Cook from frozen. Place the pouch on a microwaveable dish and cut the corner of the

**Storage Instructions:**

Store Frozen Below -18°C.

### Product Ingredients

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Lamb Shank (74%), Rosemary & Red Wine Sauce (26%) (Water, Sugar, Maize Starch, Tomato Powder, **BARLEY** Malt Vinegar Powder, Yeast Extract, Red Wine Extract, Dried Mint, Salt, Garlic Powder, Onion Powder, Dried Rosemary, Dried Thyme, Caramelised Sugar, Black pepper, Acid: Citric Acid).

### Nutritional Information

**Typical Values per 100g/ml:**

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

**Energy:**

246 kcal / 1029 kJ

**Fat:**

13.9 g

**of which saturates:**

6.1 g

**Carbohydrates:**

1.6 g

**of which sugars:**

1.6 g

**Fibre:**

0.5 g

**Protein:**

28.8 g

**Salt:**

0.52 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.