

206787C Spiced Cauliflower & Onion Bhaji Roll (Coo



Pack Size: 1 X 24

Details: A spiced cauliflower and onion bhaji filling, with curry spices and mango chutney, wrapped in a crisp and flaky vegan pastry, the perfect vegan alternative to a sausage roll, which doesn't compromise on flavour. Coopers is a family ran business, committed to using only the best quality ingredients, on a mission to produce the finest gourmet products! -Ready to bake from frozen

Allergen Information

Contains:

Cereal, Mustard, Gluten

Free from:

Nuts, Sesame, Fish, Lupin, Sulphur Dioxide, Molluscs, Crustaceans, Peanuts

May contain:

Celery, Eggs, Milk, Soya

Suitable for:

Vegetarians, Vegan

Handling Information

Directions For Use:

Cook from frozen at 180C until core temperature reaches 80C for 6 seconds.

Storage Instructions:

Store Frozen at -18C

Product Ingredients

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WHEAT Flour (Calcium Carbonate, Iron, Niacin, Thiamine), Margarine (Palm and Rapeseed Oil), Water, Salt, E202, Water, Cauliflower, WHEAT Flour (Calcium Carbonate, Iron, Niacin, Thiamine), Salt, Ammonium Bicarbonate E503ii, Mango Chutney (Sugar, Peeled Mango Slices (45%), Sugarcane Vinegar, Salt, Chilli Powder,

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

220 kcal / 921 kJ

Fat:

10.9 g

of which saturates:

4.6 g

Carbohydrates:

26.3 g

of which sugars:

4.1 g

Fibre:

2 q

Protein:

4.3 g

Salt:

1.5 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.