



206821C Dragon's Fire Hot Chicken Curry (Authentic



Pack Size: 12 X 320G

Details: The Authentic Curry Company has a long tradition of producing the highest quality cuisine, using only the finest, freshest ingredients, producing truly mouth-watering menu options.

Hot Chicken Curry, 'The Dragons Fire' is Authentic's original recipe, as popular today as it was 25 years ago. A chicken curry with red and green peppers, leeks, whole chillies and fresh coriander in a hot masala sauce.

Allergen Information

Contains:

Celery, Milk

Free from:

Cereal, Crustaceans, Eggs, Fish, Lupin, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide, Soya

Handling Information

Directions For Use:

All appliances vary, the following are guidelines only. Microwave (900 Watt or Category E). Reheat from Frozen. Pierce film several times and microwave on full power for 3 minutes, turn the dish and microwave on full power for a further 3 minutes. Ensure the product is piping hot (+75c). Stir and serve.

Storage Instructions:

Store at -18c or below

Shelf Life Once Open:

2 Days

Product Ingredients

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Chicken Breast (35%), Diced Onion, Spice & Herb Blend, Chopped Tomatoes, Red Peppers (4%), Green Peppers (4%), Leeks, Rapeseed Oil, Tomato Puree, Water, Red & Green Chillies, Coriander

Spice & Herb Blend Contains: Rapeseed Oil, Coriander, Cumin, Ginger, Cassia, Black

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

112 kcal / 469 kJ

Fat:

4.6 g

of which saturates:

0.5 g

Carbohydrates:

2 g

of which sugars:

0.1 g

Fibre:

2.3 g

Protein:

14.5 g

Salt:

0.5 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.