



206827C Chilli Con Carne (Authentic Curry Co.)



Pack Size: 12 X 340G

Details: The Authentic Curry Company has a long tradition of producing the highest quality cuisine, using only the finest, freshest ingredients, producing truly mouth-watering menu options.

Spicy Chilli Con Carne made with British beef, kidney beans, tomatoes and peppers. A traditional recipe, perfect served with rice or nachos.

Allergen Information

Free from:

Soya, Sulphur Dioxide, Crustaceans, Eggs, Fish, Lupin, Milk, Molluscs, Nuts, Peanuts, Sesame

May contain:

Mustard, Celery, Cereal

Handling Information

Directions For Use:

All appliances vary, the following are guidelines only. Microwave (750 Watt or Category D). Reheat from Frozen. Pierce film several times and microwave on full power for 4 minutes, turn the dish and microwave on full power for a further 4 minutes. Ensure the product is piping hot. Stir and serve.

Storage Instructions:

Store at -18c or below.

Shelf Life Once Open:

2 Days

Product Ingredients

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British Minced Beef (26%), Water, Diced Onions, Kidney Beans (12%), Chopped Tomatoes, Red & Green Peppers, Tomato Puree, Modified Maize Starch, Sugar, Beef Stock [Water, Beef Stock, Onion, Tomato, Carrot Extract, Herbs, Spice, Garlic, Salt, Glucose Syrup, Flavours, Maltodextrin, Yeast Extracts, Rapeseed Oil, Caramel E150c, Sugar],

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

101 kcal / 422 kJ

Fat:

5.3 g

of which saturates:

2.5 g

Carbohydrates:

4.4 g

of which sugars:

2.6 g

Fibre:

3 g

Protein:

7.5 g

Salt:

0.44 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.