

206833C Spartacus Premium Greek Salad (Greens Cuis



Pack Size: 4 X 1.25KG

Details: Flavour packed premium salad, ready to simply thaw and serve.

Spartacus is a fresh Greek inspired salad, packed with orzo pasta, black rice, feta cheese, cherry tomatoes, cucumber, red onion and black olives and coated with a fresh mint dressing.

-Thaw and Serve

Allergen Information

Contains:

Cereal, Gluten, Mustard, Milk

Free from:

Celery, Crustaceans, Eggs, Fish, Lupin, Molluscs, Nuts, Peanuts, Sesame, Sulphur Dioxide, Soya

Suitable for:

Vegetarians

Handling Information

Directions For Use:

Let defrost for 16 hours in the refrigerator and consume within 72 hours.

Never refreeze thawed products.

Storage Instructions:

Store below -18°C: use best before.

Product Ingredients

Product Ingredients:

Vegetables 39% (cherry tomatoes, cucumber, red onion, black olives (olives, salt)), black rice 20% (water, black rice), risoni 20% (water, durum **WHEAT** semolina), feta 10% (fresh pasteurized **MILK** from sheep and goats, salt milk-clotting enzyme, lactic starters), sauce 11% (olive oil, white wine

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

152 kcal / 638 kJ

Fat:

8.6 g

of which saturates:

2.4 g

Carbohydrates:

14.3 g

of which sugars:

0.9 g

Fibre:

1.3 g

Protein:

3.9 g

Salt:

0.66 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.