300488C Bran Flakes (Kellogg's)

Pack Size: 6 X 500G

Details: Bran enriched wheat and oat flakes.

Allergen Information

Contains:
Cereal, Gluten

Free from:
Celery, Crustaceans, Eggs, Fish, Nuts, Mustard, Lupin, Milk, Molluscs, Peanuts, Sesame, Sulphur Dioxide, Soya

Suitable for:
Kosher, Halal, Vegetarians

Handling Information

Directions For Use:
Eat As Directed

Storage Instructions:
Store in a cool, dry place

Product Ingredients

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WHEAT bran (86%), sugar, **BARLEY** malt extract, salt, niacin, iron, vitamin B6, riboflavin, thiamin, folic acid, vitamin D, vitamin B12.

Nutritional Information

Typical Values per 100g/ml:
Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:
334 kcal / 1400 kJ

Fat:
1.4 g

of which saturates:
0.3 g

Carbohydrates:
48 g

of which sugars:
18 g

Fibre:
27 g

Protein:
14 g

Salt:
0.9 g

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All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.