



## 300492C Corn Flakes (Kellogg's)



Pack Size: 14 X 500G

**Details:** Toasted flakes of golden corn.

### Allergen Information

**Contains:**

Cereal

**Free from:**

Celery, Crustaceans, Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide, Soya

**Suitable for:**

Vegetarians

### Handling Information

**Directions For Use:**

Eat as directed

**Storage Instructions:**

Store in a cool dry place.

### Product Ingredients

**Product Ingredients:**

Maize, **BARLEY** malt extract, sugar, salt, niacin, iron, vitamin B6, riboflavin, thiamin, folic acid, vitamin D, vitamin B12 **VITAMINS & MINERALS:**

Niacin, iron, vitamin B6, riboflavin, thiamin, folic acid, vitamin D, vitamin B12.

### Nutritional Information

**Typical Values per 100g/ml:**

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

**Energy:**

378 kcal / 1604 kJ

**Fat:**

0.9 g

**of which saturates:**

0.2 g

**Carbohydrates:**

84 g

**of which sugars:**

8 g

**Fibre:**

3 g

**Protein:**

7 g

**Salt:**

1.1 g

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

