

# 300520C Special K Portion Packs (Kellogg's)



Pack Size: 40 X 30G

**Details:** Crunchy rice, wholewheat and barley flakes in handy portion packs.

### Allergen Information

### Contains:

Cereal

### Free from:

Celery, Crustaceans, Eggs, Fish, Nuts, Mustard, Lupin, Molluscs, Peanuts, Sesame, Sulphur Dioxide, Soya

## May contain:

Milk

### Suitable for:

Kosher, Halal, Vegetarians

### Handling Information

Directions For Use:

Eat as directed

### Storage Instructions:

Store in a cool dry place.

## Product Ingredients

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Rice (47%), WHOLEWHEAT (37%), sugar, BARLEY (5%), malted BARLEY flour, salt, BARLEY malt extract, niacin, iron, zinc, riboflavin, thiamin, vitamin B6, folic acid, vitamin D, vitamin B12.

# Nutritional Information

### Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

### Energy:

392 kcal / 1660 kJ

### Fat:

1.3 g

## of which saturates:

0.3 g

## Carbohydrates:

84 g

### of which sugars:

15 g

### Fibre:

6 g

### Protein:

8 g

# Salt:

0.84 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging

or speak with our QA Department.