## 300520C Special K Portion Packs (Kellogg's) <br> Pack Size: 40 X 30G

Details: Crunchy rice, wholewheat and barley flakes in handy portion packs.

## Allergen Information

## Contains:

Cereal

## Free from:

Celery, Crustaceans, Eggs, Fish, Nuts, Mustard, Lupin, Molluscs, Peanuts, Sesame, Sulphur Dioxide, Soya

## May contain:

Milk

## Suitable for:

Kosher, Halal, Vegetarians

## Handling Information

Directions For Use:
Eat as directed
Storage Instructions:
Store in a cool dry place.

## Product Ingredients

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Rice (47\%), WHOLEWHEAT (37\%), sugar, BARLEY (5\%), malted BARLEY
flour, salt, BARLEY malt extract, niacin, iron, zinc, riboflavin, thiamin, vitamin B6, folic acid, vitamin D, vitamin B12.

Nutritional Information
Typical Values per $100 \mathrm{~g} / \mathrm{ml}$ :
Based on a reference intake of an average adult ( $8400 \mathrm{~kJ} / 2000 \mathrm{kCal}$ ) diet

## Energy:

392 kcal / 1660 kJ

## Fat:

1.3 g
of which saturates:
0.3 g

## Carbohydrates:

84 g
of which sugars:
15 g
Fibre:
6 g
Protein:
8 g
Salt:
0.84 g


