



300535C Alpen Original Recipe Individual Sachets



Pack Size: 30 X 45G

Details: Wholegrain wheat flakes and rolled oats with raisins and roasted sliced haelnuts and almonds.

Allergen Information

Contains:

Cereal, Nuts, Milk

Free from:

Celery, Crustaceans, Eggs, Fish, Mustard, Lupin, Molluscs, Gluten, Peanuts, Sesame, Sulphur Dioxide, Soya

Suitable for:

Kosher, Vegetarians

Handling Information

Storage Instructions:

Store in a cool, dry and odour free place

Product Ingredients

Product Ingredients:

Wholegrain **WHEAT** (39%), Wholegrain Rolled **OATS** (37%), Raisins (12%), Sugar, Skimmed **MILK** Powder, **MILK** Whey Powder, Roasted Sliced **NUTS** (2.0) (**HAZELNUTS**, **ALMONDS**), Salt.

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

374 kcal / 1578 kJ

Fat:

5.6 g

of which saturates:

0.9 g

Carbohydrates:

66 g

of which sugars:

21 g

Fibre:

7.7 g

Protein:

11 g

Salt:

0.25 g

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

