

# 301806C Flora Spread

Pack Size: 8 X 250G

**Details:** 70% vegetable fat spread with 25% sunflower oil and 24% rapeseed oil. 100% plant goodness Delicious for spreading, baking & cooking 100% ingredients from natural origins Naturally rich in omega 3 Absolutely no preservatives, artificial colours or flavours.

## Allergen Information

### Free from:

Cereal, Celery, Soya, Crustaceans, Eggs, Fish, Gluten, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide

# Suitable for:

Coeliacs, Vegetarians, Vegan

## Handling Information

**Directions For Use:** Ready to use. Delicious for spreading, cooking and baking

## Storage Instructions:

Keep chilled (2-7°C) Suitable for freezing, defrost in refrigerator.

# Product Ingredients

**Product Ingredients:** Plant oils (rapeseed, palm, sunflower 1%, linseed), water, salt 1.35%, plant based emulsifier (lecithin), fava bean protein, natural flavourings, vitamins A.

#### Nutritional Information Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

**Energy:** 630 kcal / 2593 kJ

**Fat:** 70 g

**of which saturates:** 16 g

**Carbohydrates:** 0.5 g

**of which sugars:** 0.5 g

**Fibre:** 0.5 g

Protein: 0.5 g

**Salt:** 1.4 g

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

