



301878C English Mustard (Colman's)



Pack Size: 2 X 2.25LT

Details: English mustard makes any meal instantly delicious.. Put a fiery helping on your roast, stir generously into your gravy or lash onto your sandwich.

Allergen Information

Contains:

Cereal, Mustard

Free from:

Celery, Crustaceans, Eggs, Fish, Gluten, Lupin, Molluscs, Milk, Nuts, Peanuts, Sesame, Sulphur Dioxide, Soya

Suitable for:

Vegetarians, Vegan

Handling Information

Directions For Use:

Ready to use - always use a clean spoon

Storage Instructions:

Store in a cool dry place. Keep refrigerated after opening and use within 3 months.

Product Ingredients

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Water, **MUSTARD** flour (21%), sugar, salt, **WHEAT** flour (calcium carbonate, iron, niacin, thiamin), turmeric, acid (citric acid), thickener (xanthan gum).

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

190 kcal / 796 kJ

Fat:

10 g

of which saturates:

0.7 g

Carbohydrates:

16 g

of which sugars:

11 g

Fibre:

3 g

Protein:

6.6 g

Salt:

8.4 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.