

# 302044C Thick Sliced Wholemeal Bread (Hovis)



Pack Size: 1 X 800G

Details: A delicious loaf and only two slices will provide you with your daily allowance of whole grain. 14+2

# Allergen Information

### Contains:

Cereal

### Free from:

Celery, Crustaceans, Eggs, Fish, Gluten, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide

### May contain:

Soya

### Suitable for:

Vegetarians, Vegan

# Handling Information

### Directions For Use:

Keep frozen at -18C. Maximum shelf frozen is 12 months. Shelf life after freezing, day of defrost + 6 days.

### Storage Instructions:

Keep  $\bar{\text{frozen}}$  at -18C. Maximum shelf frozen is 12 months. Shelf life after freezing, day of defrost + 6 days

## Product Ingredients

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Wholemeal WHEAT Flour, Water, Yeast, Salt, Emulsifier: E472e. Preservative: E282. Rapeseed Oil, Flour Treatment Agent: E300.

# Nutritional Information

### Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

## Energy:

214 kcal / 905 kJ

# Fat:

1.4 g

# of which saturates:

0.4 g

# Carbohydrates:

36.7 g

## of which sugars:

2.3 g

### Fibre:

8.5 g

## Protein:

9.5 g

### Salt:

1 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

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