



302620C Chick Peas (Royal Crown)



Pack Size: 6 X 2.5KG

Details: Chickpeas make a great houmous dip or aromatic spiced falafel.

Allergen Information

Free from:

Cereal, Celery, Soya, Crustaceans, Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide

Suitable for:

Coeliacs, Vegetarians, Vegan

Handling Information

Storage Instructions:

Store in a cool dry place, out of direct sunlight. Once open, transfer to a suitable container, cover and refrigerate. Consume within 2 days.

Product Ingredients

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Chick Peas, Water, Salt

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

105 kcal / 444 kJ

Fat:

0.5 g

of which saturates:

0.1 g

Carbohydrates:

14.2 g

of which sugars:

0.5 g

Fibre:

8 g

Protein:

7.5 g

Salt:

0.5 g

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

