

302984S Marrowfat Peas (canned) (St Nicholas)



Pack Size: 2.61KG TIN

Details: Fantastic with fish and chips, perfect with pies or even pea and ham soup.

Allergen Information

Free from:

Cereal, Celery, Soya, Crustaceans, Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide

Suitable for:

Coeliacs, Vegetarians, Vegan

Handling Information

Directions For Use:

Heating Instructions

Hob: Empty contents into a saucepan and heat gently. Do not boil.

Storage Instructions:

Store in a cool dry place. Once opened empty, cover and refrigerate. Use within $2 \, \mathrm{days}$.

Product Ingredients

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Marrowfat Processed Peas, Water, Sugar, Salt, Colours (E101, E133), Flavouring.

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

106 kcal / 448 kJ

Fat:

0.6 g

of which saturates:

0.1 g

Carbohydrates:

14.9 g

of which sugars:

1.2 g

Fibre:

6.2 g

Protein:

7.2 g

Salt:

0.47 g

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

