



## 303118C Fennel Seeds (Schwartz)



**Pack Size:** 6 X 330G

**Details:** Fennel Seeds have a subtle, sweet anise-like flavour. Used sparingly they complement fish perfectly.

### Allergen Information

**Free from:**

Cereal, Celery, Crustaceans, Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide, Soya

**Suitable for:**

Vegetarians, Vegan

### Handling Information

**Directions For Use:**

Use as required.

**Storage Instructions:**

Store in a cool, dry place.

### Product Ingredients

**Product Ingredients:**

Fennel seeds.

### Nutritional Information

**Typical Values per 100g/ml:**

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

**Energy:**

247 kcal / 1033 kJ

**Fat:**

14.8 g

**of which saturates:**

0.1 g

**Carbohydrates:**

12.5 g

**of which sugars:**

2.4 g

**Fibre:**

No Data

**Protein:**

15.8 g

**Salt:**

0.22 g

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

