



303189S Garam Masala (Schwartz)



Pack Size: 330G TUB

Details: A blend of Indian spices including coriander seed, cumin, cardamom, cinnamon and chilli.

Allergen Information

Free from:

Cereal, Celery, Crustaceans, Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide, Soya

Suitable for:

Vegetarians, Vegan

Handling Information

Directions For Use:

Ready to use.

Storage Instructions:

Store in a cool, dry place.

Product Ingredients

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Ground Coriander (36%), Cumin (32%), Turmeric, Ground Cinnamon (Cassia), Black Pepper, Ground Ginger (5%), Cloves, Dill Seeds, Cardamom.

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

344 kcal / 1421 kJ

Fat:

16 g

of which saturates:

1.1 g

Carbohydrates:

16 g

of which sugars:

2.2 g

Fibre:

No Data

Protein:

15 g

Salt:

0.28 g

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

