



304143C Small White Haricot Beans (Osprío)



Pack Size: 4 X 3KG

Details: Haricot beans are small, oval, plump and creamy-white with a mild flavour and smooth, buttery texture.

Allergen Information

Free from:

Cereal, Celery, Soya, Crustaceans, Eggs, Fish, Gluten, Mustard, Lupin, Milk, Molluscs, Nuts, Peanuts, Sesame, Sulphur Dioxide

Suitable for:

Kosher, Coeliacs, Vegetarians, Vegan

Handling Information

Directions For Use:

Soak beans overnight. Place in fresh water and boil rapidly for at least 10 minutes. Ensure beans are thoroughly cooked prior to consumption

Storage Instructions:

Store in a cool dry place

Product Ingredients

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Small White Beans

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

281 kcal / 1191 kJ

Fat:

1.6 g

of which saturates:

0.3 g

Carbohydrates:

49.7 g

of which sugars:

2.8 g

Fibre:

0 g

Protein:

21.4 g

Salt:

0.1 g

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

