305079C Egg Noodles (Blue Dragon)

Pack Size: 8 X 300G

Details: Dried, Medium, Wheat Egg Noodles are made following a traditional Chinese recipe.
Dried in individual portions to make it easy for cooking and portion control.

Allergen Information

Contains:
Cereal, Eggs, Gluten

Free from:
Celery, Crustaceans, Fish, Lupin, Milk, Molluscs, Mustard, Sesame, Sulphur Dioxide, Soya

May contain:
Nuts, Peanuts

Suitable for:
Vegetarians

Handling Information

Directions For Use:
Bring a pan of water to the boil then remove from the heat, alternatively boil some water using a kettle then pour into a pan.
Drop the noodle nests into the boiled water and soak for 5 minutes or if stir frying 4 minutes, stir frequently to separate noodles.

Storage Instructions:
Store in a cool, dry place. Once opened, store in an airtight container.

Product Ingredients

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WHEAT Flour [**WHEAT** Flour with Calcium, Iron, Niacin, Thiamin], Water, Pasteurised Free Range Whole EGG (5%), Salt, Paprika, Turmeric, Firming Agents (Potassium Carbonate, Sodium Carbonate), Acidity Regulator (Citric Acid).

Nutritional Information

Typical Values per 100g/ml:
Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:
348 kcal / 1477 kJ

Fat:
2.1 g

of which saturates:
1 g

Carbohydrates:
68 g

of which sugars:
2.8 g

Fibre:
3.8 g

Protein:
14.3 g

Salt:
1.8 g

QUALITY SINCE 1878

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.