



305976C Fish Sauce (Blue Dragon)



Pack Size: 12 X 150ML

Details: Matured for 12 months to allow a full and salty flavour to develop, fish sauce (Nam Pla) is used in Thai cuisine as an essential ingredient for seasoning. It provides a balance to other key flavours in Thai dishes of hot, sweet and sour.

Allergen Information

Contains:

Fish

Free from:

Cereal, Celery, Crustaceans, Eggs, Lupin, Milk, Molluscs, Mustard, Sesame, Sulphur Dioxide, Soya

May contain:

Nuts, Peanuts

Handling Information

Directions For Use:

Add to Thai curries, soups and dressings

Storage Instructions:

Store in a cool, dry place. Once opened keep refrigerated and consume by best before date indicated.

Under certain conditions salt crystals may form in this product. These are entirely harmless.

Product Ingredients

Product Ingredients:

Anchovy Extract (68%) (**FISH**), Salt, Sugar, Water.

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

73 kcal / 304 kJ

Fat:

0.5 g

of which saturates:

0.1 g

Carbohydrates:

11.6 g

of which sugars:

9.1 g

Fibre:

No Data

Protein:

6.6 g

Salt:

26.7 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.