



## 305976S Fish Sauce (Blue Dragon)



**Pack Size:** 150ML BTL

**Details:** Matured for 12 months to allow a full and salty flavour to develop, fish sauce (Nam Pla) is used in Thai cuisine as an essential ingredient for seasoning. It provides a balance to other key flavours in Thai dishes of hot, sweet and sour.

### Allergen Information

**Contains:**

Fish

**Free from:**

Cereal, Celery, Crustaceans, Eggs, Lupin, Milk, Molluscs, Mustard, Sesame, Sulphur Dioxide, Soya

**May contain:**

Nuts, Peanuts

### Handling Information

**Directions For Use:**

Add to Thai curries, soups and dressings

**Storage Instructions:**

Store in a cool, dry place. Once opened keep refrigerated and consume by best before date indicated.

Under certain conditions salt crystals may form in this product. These are entirely harmless.

### Product Ingredients

**Product Ingredients:**

Anchovy Extract (68%) (**FISH**), Salt, Sugar, Water.

### Nutritional Information

**Typical Values per 100g/ml:**

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

**Energy:**

73 kcal / 304 kJ

**Fat:**

0.5 g

**of which saturates:**

0.1 g

**Carbohydrates:**

11.6 g

**of which sugars:**

9.1 g

**Fibre:**

No Data

**Protein:**

6.6 g

**Salt:**

26.7 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.