



## 306023C Flapjack Mix (McDougalls)



Pack Size: 4 X 3.5KG

**Details:** A quick and easy mix to use to create perfect flapjack.

### Allergen Information

**Contains:**

Cereal, Gluten

**Free from:**

Celery, Crustaceans, Sesame, Fish, Lupin, Mustard, Molluscs, Nuts, Peanuts, Sulphur Dioxide

**May contain:**

Milk, Eggs, Soya

**Suitable for:**

Vegetarians

### Handling Information

**Directions For Use:**

Make-up instructions

Dry Mix

1kg

Whole bag (3.5kg)

Approx Water

100ml

To make

3.8kg

1.05kg

**Storage Instructions:**

Store in a cool dry place.

Keep bag tightly closed after part use.

For best results, once the bag is opened, keep tightly closed and use within two months.

### Product Ingredients

**Product Ingredients:**

OATS (51%), Demerara Sugar, Vegetable Oils (Palm, Rapeseed), Dried Glucose Syrup, Dextrose, Salt, Flavouring, Colour (Annatto Norbixin).

### Nutritional Information

**Typical Values per 100g/ml:**

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

**Energy:**

449 kcal / 1883 kJ

**Fat:**

18.6 g

**of which saturates:**

7.5 g

**Carbohydrates:**

61.7 g

**of which sugars:**

27.5 g

**Fibre:**

4.9 g

**Protein:**

6.3 g

**Salt:**

0.41 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.