



306973C Nature Valley Cereal Bars Maple Syrup



Pack Size: 1 X 18

Details: Crunchy cereal bars made with whole grain rolled oats and Canadian maple syrup

Allergen Information

Contains:

Cereal

Free from:

Celery, Crustaceans, Eggs, Fish, Gluten, Lupin, Milk, Molluscs, Mustard, Sesame, Sulphur Dioxide

May contain:

Nuts, Peanuts, Soya

Suitable for:

Vegetarians

Handling Information

Directions For Use:

Ready to Eat

Storage Instructions:

Store in a cool, dry place.

Product Ingredients

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Whole grain rolled **OATS** (60%), sugar, sunflower oil, Canadian maple syrup (2%), honey, natural flavouring, salt, emulsifier (sunflower lecithin), raising agent (sodium bicarbonate), molasses.

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

465 kcal / 1951 kJ

Fat:

17.8 g

of which saturates:

2.2 g

Carbohydrates:

64.3 g

of which sugars:

26.8 g

Fibre:

6.4 g

Protein:

8.7 g

Salt:

0.78 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging

or speak with our QA Department.