



## 307139S Cheerio's (Nestle)



**Pack Size:** 390G PKT

**Details:** Each irresistible crunchy little O is made with 5 whole grains: oats, wheat, rice, corn and barley. Fortified with 9 vitamins and minerals including calcium which is needed for the maintenance of normal bones as part of a healthy diet and lifestyle.

### Allergen Information

**Contains:**

Cereal, Gluten

**Free from:**

Celery, Crustaceans, Eggs, Fish, Nuts, Lupin, Milk, Molluscs, Mustard, Peanuts, Sesame, Sulphur Dioxide, Soya

**Suitable for:**

Kosher, Vegetarians

### Handling Information

**Storage Instructions:**

Ambient

### Product Ingredients

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Cereal Grains ((77.7%): Whole Grain **OAT** Flour (28.3%), Whole Grain **WHEAT** (28.3%), Whole Grain **BARLEY** Flour (17.1%), Whole Grain Maize Flour (2.0%), Whole Grain Rice Flour (2.0%)). Sugar, **WHEAT** Starch, Partially Inverted Brown Sugar Syrup, Salt, Tripotassium Phosphate, Sunflower Oil, Colours:

### Nutritional Information

**Typical Values per 100g/ml:**

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

**Energy:**

378 kcal / 1597 kJ

**Fat:**

3.7 g

**of which saturates:**

0.8 g

**Carbohydrates:**

73.5 g

**of which sugars:**

20.9 g

**Fibre:**

7.8 g

**Protein:**

8.8 g

**Salt:**

1 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.