



307375C Long Grain Rice (Chefs Selections)



Pack Size: 5KG BAG

Details: This traditionally fluffy white rice cooks up beautifully. A favourite with Creole and Cajun cooks, long grain is good with chilli con carne, casseroles, spare ribs and cold salads.

Allergen Information

Free from:

Cereal, Celery, Soya, Crustaceans, Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide

Suitable for:

Coeliacs, Vegetarians, Vegan

Handling Information

Directions For Use:

TAKE THE REQUIRED QUANTITY OF RICE AND ADD THREE TIMES THAT QUANTITY OF BOILING WATER (BY VOLUME). RETURN TO THE BOIL AND REDUCE HEAT. SIMMER FOR 15/18 MINUTES. SERVE.

Storage Instructions:

STORE IN A COOL DRY PLACE

Product Ingredients

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RICE

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

359 kcal / 1523 kJ

Fat:

0.9 g

of which saturates:

0.2 g

Carbohydrates:

78.9 g

of which sugars:

0.6 g

Fibre:

1.6 g

Protein:

7.9 g

Salt:

0 g

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

