



## 307428C Basmati Rice (Chefs Selections)



**Pack Size:** 5KG BAG

**Details:** Easy to cook, this parboiled long grain white rice is a versatile ingredient that can be used in a variety of dishes. Whether it be spicy curries, flavoursome stir fries or chilli con carne.

### Allergen Information

**Free from:**

Cereal, Celery, Soya, Crustaceans, Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide

**Suitable for:**

Coeliacs, Vegetarians, Vegan

### Handling Information

**Directions For Use:**

Take the required quantity of rice and add three times that quantity of boiling water (by volume). Return to the boil and reduce heat. Simmer for 14/15 minutes or until all the water is absorbed. Serve.

**Storage Instructions:**

Store in a cool, dry place

### Product Ingredients

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Rice

### Nutritional Information

**Typical Values per 100g/ml:**

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

**Energy:**

350 kcal / 1487 kJ

**Fat:**

0.7 g

**of which saturates:**

0.2 g

**Carbohydrates:**

76.5 g

**of which sugars:**

0.8 g

**Fibre:**

1.1 g

**Protein:**

8.9 g

**Salt:**

0 g

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

