



## 308106S Whole Pitted Dates (Chefs Selections)



**Pack Size:** 3KG BAG

**Details:** Dates add a natural sweetness and chewy texture to a variety of dishes. Chefs Selections Pitted Dates are whole sayer dates with a characteristic flavour and brown colour. Use them in sweet and savory recipes.

### Allergen Information

**Free from:**

Cereal, Celery, Soya, Crustaceans, Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide

**Suitable for:**

Coeliacs, Vegetarians, Vegan

### Handling Information

**Storage Instructions:**

store in cool,dry ,place, free from the risk of contamination and ingress of moisture

### Product Ingredients

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Pitted Dates, Sunflower Oil

### Nutritional Information

**Typical Values per 100g/ml:**

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

**Energy:**

302 kcal / 1280 kJ

**Fat:**

0.2 g

**of which saturates:**

0.1 g

**Carbohydrates:**

68 g

**of which sugars:**

68 g

**Fibre:**

7.5 g

**Protein:**

3.3 g

**Salt:**

0.01 g

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

