

# 308116C Chopped Almonds (Buchanans)



Pack Size: 6 X 1KG

Details: Chopped Almonds, also known as Nibbed Almonds, can be used in a variety of different ways. Add them to yoghurts or breakfast cereals, use them as a topper for salads. They are often used in Fruit Cakes & can be added to muffins and brownies, another great use is as a topping for ice creams & frozen yoghurts. Almonds are rich in valuable nutrients for your body, like magnesium, vitamin E, and

# Allergen Information

#### Contains:

Nuts

#### Free from:

Cereal, Celery, Soya, Crustaceans, Eggs, Gluten, Lupin, Milk, Molluscs, Mustard, Fish, Sesame, Sulphur Dioxide

#### May contain:

Peanuts

### Suitable for:

Coeliacs, Vegetarians, Vegan

# Handling Information

## Directions For Use:

Remove from packaging before use

#### Storage Instructions:

Cool, dry place, ambient or below away from heat sources and strong odours.

# Product Ingredients

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ALMONDS

# Nutritional Information

Typical Values per 100g/ml:

Energy:

614 kcal / 2541 kJ

Fat:

55.8 g

# of which saturates:

4.7 g

## Carbohydrates:

6.9 g

#### of which sugars:

4.2 g

#### Fibre:

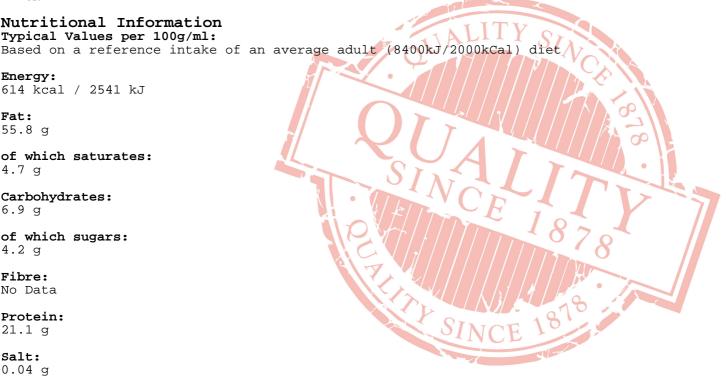
No Data

# Protein:

21.1 g

# Salt:

0.04 g



check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.