



308116S Chopped Almonds (Buchanans)



Pack Size: 1KG BAG

Details: Chopped Almonds, also known as Nibbed Almonds, can be used in a variety of different ways. Add them to yoghurts or breakfast cereals, use them as a topper for salads. They are often used in Fruit Cakes & can be added to muffins and brownies, another great use is as a topping for ice creams & frozen yoghurts.

Almonds are rich in valuable nutrients for your body, like magnesium, vitamin E, and

Allergen Information

Contains:

Nuts

Free from:

Cereal, Celery, Soya, Crustaceans, Eggs, Gluten, Lupin, Milk, Molluscs, Mustard, Fish, Sesame, Sulphur Dioxide

May contain:

Peanuts

Suitable for:

Coeliacs, Vegetarians, Vegan

Handling Information

Directions For Use:

Remove from packaging before use

Storage Instructions:

Cool, dry place, ambient or below away from heat sources and strong odours.

Product Ingredients

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ALMONDS

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

614 kcal / 2541 kJ

Fat:

55.8 g

of which saturates:

4.7 g

Carbohydrates:

6.9 g

of which sugars:

4.2 g

Fibre:

No Data

Protein:

21.1 g

Salt:

0.04 g



check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.