



308134C Wholegrain Rice (Triple Lion)



Pack Size: 5KG BAG

Details: Wholegrain Parboiled Rice

Allergen Information

Free from:

Cereal, Celery, Soya, Crustaceans, Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide

Suitable for:

Coeliacs, Vegetarians, Vegan

Handling Information

Directions For Use:

Allow 75g of rice per serving.

Rinse rice in cold water

Bring a large pan of water to the boil, add the rice, stir and return to the boil.

Cover and simmer for 22-25 minutes.

Storage Instructions:

Store in a cool, dry place

Product Ingredients

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Wholegrain Rice

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

355 kcal / 1505 kJ

Fat:

2.8 g

of which saturates:

0.5 g

Carbohydrates:

73.2 g

of which sugars:

0.5 g

Fibre:

3.4 g

Protein:

7.6 g

Salt:

0.04 g

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

