



## 308178S Fennel Seed (Triple Lion)



**Pack Size:** 350G TUB

**Details:** Fennel Seeds have a subtle, sweet anise-like flavour. Used sparingly they complement fish perfectly.

### Allergen Information

**Free from:**

Cereal, Celery, Soya, Crustaceans, Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide

**Suitable for:**

Coeliacs, Vegetarians, Vegan

### Handling Information

**Directions For Use:**

The product contains natural spices. Care should therefore be taken to ensure that the product is thoroughly heated through, either during cooking or before use.

**Storage Instructions:**

Keep in a cool dry place, protect from direct sunlight.  
Always close the lid after use

### Product Ingredients

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Fennel Seeds

### Nutritional Information

**Typical Values per 100g/ml:**

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

**Energy:**

345 kcal / 1443 kJ

**Fat:**

14.9 g

**of which saturates:**

0.5 g

**Carbohydrates:**

12.5 g

**of which sugars:**

1 g

**Fibre:**

39.8 g

**Protein:**

15.8 g

**Salt:**

0.22 g

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

