



## 308182S Garam Masala (Triple Lion)



**Pack Size:** 450G TUB

**Details:** A blend of Indian spices including coriander seed, cumin, cardamom, cinnamon and chilli.

### Allergen Information

**Free from:**

Sesame, Sulphur Dioxide, Crustaceans, Eggs, Fish, Lupin, Milk, Molluscs, Soya, Nuts, Peanuts

**May contain:**

Cereal, Celery, Mustard

**Suitable for:**

Vegetarians, Vegan

### Handling Information

**Directions For Use:**

The product contains natural spices. Care should therefore be taken to ensure that the product is thoroughly heated through, either during cooking or before use.

**Storage Instructions:**

Keep in a cool dry place, protect from direct sunlight.  
Always close the lid after use

### Product Ingredients

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Ground Coriander, Ground Cumin, Ground Cinnamon, Ground Fennel , Ground Cloves, Ground Ginger,  
Ground Black Pepper, Ground Star Aniseed.

### Nutritional Information

**Typical Values per 100g/ml:**

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

**Energy:**

350 kcal / 1438 kJ

**Fat:**

18.5 g

**of which saturates:**

1 g

**Carbohydrates:**

8.1 g

**of which sugars:**

1.6 g

**Fibre:**

46.4 g

**Protein:**

14.4 g

**Salt:**

0.26 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

