

# 308187S Poppy Seeds (Triple Lion)



Pack Size: 600G TUB

**Details:** Poppy Seeds are often used in bread or cake baking, or try them in your favourite salad dressing or sprinkled over a sandwich.

### Allergen Information

#### Free from:

Cereal, Celery, Crustaceans, Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide, Soya

#### Suitable for: Vegetarians, Vegan

#### Handling Information

**Storage Instructions:** Keep in a cool dry place, protect from direct sunlight. Always close the lid after use

#### Product Ingredients Product Ingredients:

Blue Poppy Seeds

## Nutritional Information

Typical Values per 100g/ml: Based on a reference intake of an average adult (8400kJ/2000kCal) diet

# Energy:

520 kcal / 2146 kJ

# **Fat:** 41.6 g

of which saturates: 4.5 g

**Carbohydrates:** 8.6 g

of which sugars:

3 g

**Fibre:** 19.5 g

Protein: 18 g

**Salt:** 0.07 g

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.