

308197S Hazelnuts (Buchanans)



Pack Size: 1KG BAG

Details: Hazelnuts suit both sweet and savoury cooking. They are most commonly known for appearing in muesli mixes, flapjacks and chocolate bars. This nut is a nutritious ingredient containing good levels of Vitamin E, Choline and fibre.

Allergen Information

Contains:

Nuts

Free from:

Cereal, Celery, Soya, Crustaceans, Eggs, Gluten, Lupin, Milk, Molluscs, Mustard, Fish, Sesame, Sulphur Dioxide

May contain:

Peanuts

Suitable for:

Coeliacs, Vegetarians, Vegan

Handling Information

Directions For Use:

Take product out of packaging.

Storage Instructions:

Store in a cool dry envirinment away from direct sunlight.

Product Ingredients

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HAZELNUTS

Nutritional Information

Typical Values per 100g/ml:
Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

628 kcal / 2591 kJ

Fat:

60.8 g

of which saturates:

4.5 g

Carbohydrates:

6 g

of which sugars:

4 g

Fibre:

No Data

Protein:

14.1 g

Salt:

0.01 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If or	allergen informat speak with our QA	ion is not presented Department.	here,	please	obtain	it	from	the	product	packaging