



## 308199S Pistachio Nuts (Buchanans)



**Pack Size:** 1KG BAG

**Details:** A popular ingredient in desserts and puddings, pistachios or green nuts add a splash of colour to dishes. These edible seeds of the Pistacia veratree are a great source of healthy fats, protein, fibre and protective antioxidants.

### Allergen Information

**Contains:**

Nuts

**Free from:**

Cereal, Celery, Soya, Crustaceans, Eggs, Lupin, Milk, Molluscs, Mustard, Fish, Sesame, Sulphur Dioxide

**May contain:**

Peanuts

**Suitable for:**

Coeliacs, Vegetarians, Vegan

### Handling Information

**Directions For Use:**

Take product out of the packaging.

**Storage Instructions:**

Store in a cool dry environment away from direct sunlight and strong odours.

### Product Ingredients

**Product Ingredients:**

PISTACHIO NUTS, Salt

### Nutritional Information

**Typical Values per 100g/ml:**

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

**Energy:**

594 kcal / 2469 kJ

**Fat:**

44.4 g

**of which saturates:**

5.4 g

**Carbohydrates:**

28 g

**of which sugars:**

7.6 g

**Fibre:**

No Data

**Protein:**

20.6 g

**Salt:**

0 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.