



308260C Polenta (Centaur)



Pack Size: 10 X 1KG

Details: A fine, corn-based, storecupboard grain that can be served creamy, set into pieces and fried, or baked in cakes.

Allergen Information

Free from:

Cereal, Celery, Soya, Crustaceans, Eggs, Fish, Gluten, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide

Suitable for:

Coeliacs, Vegetarians, Vegan

Handling Information

Directions For Use:

Add 1 part of Polenta to 4 to 5 parts hot water. Add seasoning as desired. Bring back to the boil then stir whilst simmering for approximately 45 minutes.

Storage Instructions:

Store in cool dry place and in an airtight container after opening

Product Ingredients

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Yellow Polenta 100% (Maze)

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

346 kcal / 1468 kJ

Fat:

0.9 g

of which saturates:

0.19 g

Carbohydrates:

76.8 g

of which sugars:

0.6 g

Fibre:

2.1 g

Protein:

6.65 g

Salt:

0.01 g

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

