



## 308343S Self Raising Flour (Heygates)



**Pack Size:** 1.5KG BAG

**Details:** A culinary flour with a strictly controlled addition of raising agents to be used in sponges, scones and pastry goods.

### Allergen Information

**Contains:**

Cereal, Gluten

**Free from:**

Celery, Crustaceans, Eggs, Fish, Peanuts, Nuts, Lupin, Milk, Molluscs, Mustard, Sesame, Sulphur Dioxide

**May contain:**

Soya

**Suitable for:**

Kosher, Halal, Vegetarians, Vegan

### Handling Information

**Storage Instructions:**

The flour should be stored in cool dry conditions away from direct sunlight. The storage area should allow good air circulation and be free from any pest infestation.

### Product Ingredients

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Wheat Flour (**WHEAT** flour, Calcium Carbonate (E170), Iron, Nicotinamide (Vit B3), Thiamine Hydrochloride (Vit B1)), Sodium Carbonates (E500) Calcium Phosphates (E341)

### Nutritional Information

**Typical Values per 100g/ml:**

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

**Energy:**

348 kcal / 1480 kJ

**Fat:**

1.5 g

**of which saturates:**

0.4 g

**Carbohydrates:**

79.6 g

**of which sugars:**

0.6 g

**Fibre:**

3.1 g

**Protein:**

8.9 g

**Salt:**

0.86 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

