



308358S Quinoa (Centaur)



Pack Size: 1KG BAG

Details: A grain crop seed which has a fluffy, creamy, slightly crunchy texture and nutty flavour when cooked as an alternative to pasta or rice.

Allergen Information

Free from:

Cereal, Celery, Soya, Crustaceans, Eggs, Fish, Gluten, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide

Suitable for:

Coeliacs, Vegetarians, Vegan

Handling Information

Directions For Use:

None.

Storage Instructions:

Ambient, cool, dry

Product Ingredients

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Quinoa Grain

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

368 kcal / 1541 kJ

Fat:

6.1 g

of which saturates:

0.7 g

Carbohydrates:

64.8 g

of which sugars:

0.5 g

Fibre:

7 g

Protein:

14.1 g

Salt:

0.01 g

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

