



308563C Israeli Cous Cous (Centaur)



Pack Size: 10 X 1KG

Details: A delicious pearl shaped grain made from 100% durum wheat semolina.

Allergen Information

Contains:

Cereal, Gluten

Free from:

Celery, Crustaceans, Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide, Soya

Suitable for:

Vegetarians, Vegan

Handling Information

Directions For Use:

None

Storage Instructions:

Ambient, cool, dry.

Product Ingredients

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100% Half Hard **WHEAT** Flour

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

363 kcal / 1504 kJ

Fat:

1.45 g

of which saturates:

0.27 g

Carbohydrates:

73.8 g

of which sugars:

1.12 g

Fibre:

2.4 g

Protein:

11.5 g

Salt:

0.01 g

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

