



## 308701C Brown & White Rice (Tilda)



**Pack Size:** 1 X 5KG

**Details:** This unique blend combines all the delicate characteristics of White Basmati with the nutritional benefits of Brown Basmati.

### Allergen Information

**Free from:**

Cereal, Celery, Soya, Crustaceans, Eggs, Fish, Gluten, Mustard, Lupin, Milk, Molluscs, Nuts, Peanuts, Sesame, Sulphur Dioxide

**Suitable for:**

Kosher, Coeliacs, Vegetarians, Vegan

### Handling Information

**Directions For Use:**

Allow an average of 50g of dry rice per person.

1. Bring a large pan of water to the boil.
2. Stir in rice and return to a medium boil. Cook for 20-25 minutes, depending on your required texture.

**Storage Instructions:**

Store in cool, ambient, pest-free conditions

### Product Ingredients

**Product Ingredients:**

50% wholegrain parboiled long grain rice  
50% white parboiled long grain rice

### Nutritional Information

**Typical Values per 100g/ml:**

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

**Energy:**

354 kcal / 1501 kJ

**Fat:**

1.8 g

**of which saturates:**

0.4 g

**Carbohydrates:**

76.9 g

**of which sugars:**

0.8 g

**Fibre:**

1.7 g

**Protein:**

7.4 g

**Salt:**

0.01 g

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

