



## 308781C English Mustard (Colman's)



Pack Size: 8 X 100G

**Details:** English mustard makes any meal instantly delicious.. Put a fiery helping on your roast, stir generously into your gravy or lash onto your sandwich.

### Allergen Information

**Contains:**

Cereal, Gluten, Mustard

**Free from:**

Celery, Crustaceans, Eggs, Fish, Lupin, Milk, Molluscs, Nuts, Peanuts, Sesame, Sulphur Dioxide, Soya

**Suitable for:**

Vegetarians, Vegan

### Handling Information

**Directions For Use:**

Ready to use

**Storage Instructions:**

Store in a cool dry place. Keep refrigerated after opening and use within 3 months.

### Product Ingredients

**Product Ingredients:**

Water, **MUSTARD** flour (21%), sugar, salt, **WHEAT** flour (contains: calcium carbonate, iron, niacin, thiamin), turmeric, acidity regulator (citric acid), thickener (xanthan gum).

### Nutritional Information

**Typical Values per 100g/ml:**

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

**Energy:**

190 kcal / 796 kJ

**Fat:**

10 g

**of which saturates:**

0.7 g

**Carbohydrates:**

16 g

**of which sugars:**

11 g

**Fibre:**

3 g

**Protein:**

6.6 g

**Salt:**

8.4 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.