



308966S Pinenut Kernels (Buchanans)



Pack Size: 1KG BAG

Details: pine nuts have a delicate sweet and nutty flavor that complements many recipes. Commonly used for pesto-making, salad topping as well as in pasta meals and in stir-fries.

Allergen Information

Free from:

Cereal, Celery, Soya, Crustaceans, Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide

Suitable for:

Coeliacs, Vegetarians, Vegan

Handling Information

Directions For Use:

Take product out of packaging before use.

Storage Instructions:

Store in a cool dry environment away from direct sunlight.

Product Ingredients

Product Ingredients:

PINE NUTS 100%

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

725 kcal / 2997 kJ

Fat:

68.4 g

of which saturates:

4.9 g

Carbohydrates:

13.7 g

of which sugars:

13.7 g

Fibre:

No Data

Protein:

13.7 g

Salt:

0 g

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

