

# 309100C Quinoa Peanut Bar (Perkier)



Pack Size: 18 X 35G

Details: A delicious quinoa bar packed with on-trend superfoods to provide nutritious slow release energy. Toasted peanuts and creamy peanut butter create a crispy, chewy and crunchy healthy snack bar.

### Allergen Information

#### Contains:

Soya, Peanuts

### Free from:

Cereal, Celery, Crustaceans, Eggs, Gluten, Lupin, Molluscs, Mustard, Fish, Sesame, Sulphur Dioxide

### May contain:

Milk, Nuts

### Suitable for:

Coeliacs, Vegetarians, Vegan

## Handling Information

Directions For Use:

Remove wrapper & eat!

### Storage Instructions:

Store in a cool dry place

### Product Ingredients

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**PEANUTS** (38%), Chicory Root Fibre, Dates (Dates, Rice Flour), Protein Crisps (SOY Protein, Tapioca Starch, Salt), Puffed Quinoa, Humectant: Glycerol, Sunflower Oil, SOY Protein Isolate, Date Syrup, Natural Flavourings, Salt.

# Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

## Energy:

400 kcal / 1673 kJ

## Fat:

21 g

## of which saturates:

3 g

### Carbohydrates:

26 g

### of which sugars:

20 g

### Fibre:

22 g

### Protein:

17 g

### Salt:

0.23 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

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